

Making The Most Of Change

1 Day

Change is happening at a rapidly increasing pace. Learning how to handle it is a smart career move. That's why you should be at this course. You'll discover how to make change work for you. You'll find out how to get others to listen to your ideas about change in your workplace. Then you'll learn to manage your own and others' reactions to change. By the end of the day you'll feel confident, relaxed and ready to move forward positively.

What you'll learn to do in this course

You'll come out of this session with powerful tools for successfully navigating change at work. We'll bring theory to life and tell you how to succeed. You'll talk through examples and enjoy practical exercises. You'll walk away with practical tips for applying what you learn in real-life situations. At the end of the course, you should be able to:

- Feel confident to face change at work
- Boost your personal power
- Put change into perspective
- Communicate your needs and concerns about workplace change
- Make the most of opportunities
- Develop a positive vision of the future

Topics you'll cover

- Fear, hope and change...how it all fits together
- Reclaiming your personal power during change
- Speaking up assertively about change
- Finding ways to benefit from change
- Motivating yourself to move forward

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“Smart training for clever people”

What others have said about the course...

“This training was pitched at me, at my level and at where I am on the continuum of change. It was thought-provoking, sensible and practical.”

“Course material was relevant and didn't get bogged down or too technical. Day progressed well and everyone got involved.”

“Eleanor's energy is amazing. She is really tuned in to what we want and need and responsive to our ideas.”



Book your training NOW

Call Eleanor Shakiba on 0433 126 841

Download course information at
www.thinklearnsucceed.com.au