

Creating Success With NLP

3 half days

By throwing away old, unhelpful thought patterns and taking on new, positive ones you can hurtle towards success. This course is about how techniques from Neuro Linguistic Programming (NLP) can be used to enrich the way you represent reality and think about success. It is a highly interactive course, in which you will be applying NLP techniques every week.

What you'll learn to do in this course

You'll come out of this session with powerful tools for building positive mindsets with NLP. We'll bring theory to life and tell you how to succeed. A range of practical tips will be presented to you. You'll talk through examples and enjoy practical exercises. At the end of the course, you should be able to:

- Define key NLP terms and principles
- Use the Present to Desired State model to set goals
- Use Well Formed Outcomes process
- Explore internal representations
- Apply Future Pacing techniques
- Create State Behaviour Results maps
- Adjust Submodalities of Representation
- Shift into resourceful states
- Use Critical Submodalities to adjust state
- Discuss the modelling process
- Apply a range of models
- Use the New Behaviour Generator
- Elicit and code your Timeline

Topics you'll cover

- What is NLP?
- State management
- Installing a desire for success
- Changing your thinking
- Modelling success
- Timeline therapy

Book your training NOW

Call Eleanor Shakiba on 0433 126 841

Download course information at
www.thinklearnsucceed.com.au

“
think
learn?
succeed

“Smart training for clever people”

**What others have said
about the course...**

“Fantastic introduction to NLP. I am intrigued to learn more about the techniques.”

“Excellent in all respects – content, presentation, activities, presenter.”

“Thank you for a well presented, interesting course. There was a good mix to theory and practical work. This, together with the provision of extensive notes will allow me to keep going over the strategies learnt.”

