

Coaching For Star Performance

1 Day

Master the basics of workplace coaching so you can help others solve tough problems, set goals, feel confident and leap to the peak of success. Coaching is an effective tool for improving work performance and helping staff develop their skills. Learn why it works. Then find out how to become a master coach and drive your team towards success.

What you'll learn to do in this course

You'll come out of this session with powerful tools for coaching the people you work with. We'll bring theory to life and tell you how to succeed. You'll talk through examples and enjoy practical exercises. You'll walk away with practical tips for applying what you learn in real-life situations. At the end of the course, you should be able to:

- Recognise which members of your team to coach
- Use a four step process to bring out the best in your people
- Ask questions like a master coach
- Help staff solve problems for themselves
- Motivate and inspire your team

Topics you'll cover

- Why coaching works
- Understanding the GROW model of coaching
- Creating SMART goals
- Getting people to solve their own problems
- Overcoming barriers to creative thinking
- Practical coaching session

Book your training NOW

Call Eleanor Shakiba on 0433 126 841
Download course information at
www.thinklearnsucceed.com.au

“think
learn?
succeed”

“Smart training for clever people”

**What others have said
about the course...**

“A great overview of coaching. Great personal stories that allowed us the opportunity to reflect and connect.”

“Good preparation. Very well presented. Great handouts.”

“Very interactive and fun with a good structure and supportive environment.”

