

Career Coaching Skills

1 Day

Master the basics of career coaching so you can help others navigate career transitions skilfully. Discover the key steps to cover in a career coaching session. Find out how to use the GROW cycle to develop a career plan. Learn to give feedback on an individual's career options and help them develop steps for action. This is a great program if you want to help others achieve success in life and business.

What you'll learn to do in this course

You'll come out of this session with powerful tools for using career coaching techniques at work. We'll bring theory to life and tell you how to succeed. A range of practical tips will be presented to you. You'll talk through examples and enjoy practical exercises. At the end of the course, you should be able to:

- Apply core principles of career coaching
- Ask solution focused questions
- Help individuals identify career anchors
- Give feedback on the reality of career options
- Use the GROW model in career coaching contexts
- Advise on career goals
- Discuss options for career development
- Facilitate action planning sessions.

Topics you'll cover

- Introduction to career coaching
- Motivators for career change
- Using solution focused questions
- The GROW model
- Discussing 'current reality'
- Setting goals for change
- Identifying options for career change
- Setting an action plan

“think
learn?
succeed”

“Smart training for clever people”

What others have said about this course...

“I thought the course was fantastic. It was easy to follow and broken up with fun exercises.”

“Great. It was wonderful to be able to recognise and use the different techniques/skills in the workplace and personal life.”

“Very informative and insightful. Everything learned can be related and applied to everyday lives and can also be very beneficial within our workplace roles.”



Book your training NOW

Call Eleanor Shakiba on 0433 126 841

Download course information at
www.thinklearnsucceed.com.au