

Business Coaching Fact Sheet



“think learn? succeed”

“Smart training for clever people”

What is business coaching?

Business coaching is a guided conversation focussed on solving management or business development issues. In your sessions you'll get one-to-one attention, advice and training. Your coach can help you:

- Make decisions that promote business growth
- Handle difficult people - including staff, customers and colleagues
- Stay goal-focussed when the going gets tough
- Create realistic strategic plans, business plans and marketing plans
- Get more done by learning to manage time

What will happen in your coaching program?

During your first session, your coach will help you decide how many sessions you'll need. Your first session will take one and a half hours. Follow-up sessions will take one hour. Your coach will structure each session in four parts.



1. Your **goal** for the session will be set
2. Your **current situation** will be discussed
3. Your **options** for change will be explored through brainstorming and problem solving
4. An action plan for maintaining your **will-power** between sessions will be created

Where will your sessions be held?

You can meet your coach in our Balmain coaching rooms, at your own workplace, or by phone.

What will your sessions cost?

The cost of your sessions depends on where they are held and how many people attend.

One-to-one session in Balmain rooms: \$220.00	One-to-one session by phone: \$220.00	One-to-one session at your workplace: \$330.00	Group session at your workplace: \$550.00
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You will be sent a bill after your coaching session. You can pay by cheque or direct deposit. Please see the attached contract for cancellation terms.

Book your training NOW

Call Eleanor Shakiba on 0433 126 841
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Download course information at
www.thinklearnsucceed.com.au