

Megan Hills talks with
**Associate Professor
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Going for your dream job?

According to Louise O’Brien, the interview is your opportunity to perform at your best. Louise has been a member of many interview panels. Here’s her advice on how you can persuade an interviewer to hire you.

Louise O’Brien’s 3 tips for interviewee success

1. Research who will be interviewing you

And, if possible, find out what they are likely to be interested in so during the interview, so you can respond from their point of view. This makes it easier for them to imagine you in the job.

2. Prepare your answers

- Read the job description and criteria carefully
- Have examples that demonstrate your answers
- Have a range of answers that can be readily adapted to a number of questions (the 1st question is likely to be: “Why are you applying for this job?”).

3. Take some control

During the interview:

- use eye contact with whoever is asking the question (for a panel of several people, cast your eye across the group from time to time)
- make points and offer further elaboration
- sit with a confident posture

And see the interview as your stage to perform!

4. Elaborate

- Take the initiative and use examples to support your answers.

5. Learn skills for dealing with anxiety

- Use relaxation techniques that suit you (e.g. positive visualisation)
- Source external support (e.g. a career coach)

Louise O’Brien’s comments on career coaching with Eleanor Shakiba

I found it very clarifying. I felt much more confident about my direction. Eleanor is great at getting you to focus, preparing the answers for potential questions and envisaging what an interviewer’s interest would be. Just one session with Eleanor can make all the difference.

Find out more about how to excel at interviews - call 0433 126 841

Think Learn Succeed